

## Starters Dressage Test 1 (Revised 2023) Arena 20m x 40m Approximate time 4 minutes

1.	A C	Enter in working trot Proceed down centre line without halting Track left	10	Straightness, evenness of contact, balance. Balance, bend.
2.	E B FAK	Turn left Track right Working trot	10	Straightness, evenness of contact, balance.
3.	K E X BM	Medium walk Half circle right 10m to X Half circle left 10m to B Medium walk	10	Balance, contact. Balance, bend, size, shape. Balance, bend, size, shape. Fluency, balance, contact.
4.	Between M and C E	Working trot Circle left 15m diameter	10	Regularity, tempo, freedom. Balance, bend, size, shape.
5.	EKA FXH	Working trot Change rein and over X show 2-4 steps walk	10	Regularity, tempo, freedom. Regularity, tempo, freedom. Balance, contact.
6.	H B BFA	Working trot Circle right 15 m diameter Working trot	10	Regularity, tempo, freedom. Balance, bend, size, shape. Regularity, tempo, freedom.
7.	A KXM M	Medium walk Free walk on a long rein Medium walk	10 x 2	Fluency, balance, contact. Fluency, clarity of walk, relaxation. Fluency, balance, contact.

	1	1	1	1
8.	С	Working trot	10	Regularity, tempo, freedom.
	HEK	Working trot		Regularity, tempo, freedom.
9.	Α	Turn down centre line	10	Straightness, evenness of
				contact, balance.
	Х	Medium walk		Fluency, balance, contact.
	G	Halt. Immobility, salute.		Balance, acceptance of the
		Leave arena in free walk		halt.
		on a long rein where		
		appropriate.		
		Collective Marks		
10.		Paces		
		The paces and way of	10	
		going of the pony.	x 2	
11.		Effectiveness		
		The use of the arena and	10	
		accuracy.	x 2	
12.		Riders Position		
		The riders influence and	10	
		balance.	x 2	
13.		Riders Results		
		The riders correct use of	10	
		aids.	x 2	
		Maximum marks	180	

All directives include the correctness of paces, rhythm, suppleness, contact, impulsion, straightness, collection, and balance. Regularity covers the correct beat e.g., four-time walk, two-time trot, three-time canter. Tempo is the speed of the rhythm.

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